By: Naishtat H.B. No. 3183

A BILL TO BE ENTITLED

	AN ACT
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- 2 relating to an advance directive and do-not-resuscitate order of a
- 3 pregnant patient.
- 4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF TEXAS:
- 5 SECTION 1. Section 166.033, Health and Safety Code, is
- 6 amended to read as follows:
- 7 Sec. 166.033. FORM OF WRITTEN DIRECTIVE. A written
- 8 directive may be in the following form:
- 9 DIRECTIVE TO PHYSICIANS AND FAMILY OR SURROGATES
- 10 Instructions for completing this document:
- 11 This is an important legal document known as an Advance
- 12 Directive. It is designed to help you communicate your wishes about
- 13 medical treatment at some time in the future when you are unable to
- 14 make your wishes known because of illness or injury. These wishes
- 15 are usually based on personal values. In particular, you may want
- 16 to consider what burdens or hardships of treatment you would be
- 17 willing to accept for a particular amount of benefit obtained if you
- 18 were seriously ill.
- 19 You are encouraged to discuss your values and wishes with
- 20 your family or chosen spokesperson, as well as your physician. Your
- 21 physician, other health care provider, or medical institution may
- 22 provide you with various resources to assist you in completing your
- 23 advance directive. Brief definitions are listed below and may aid
- 24 you in your discussions and advance planning. Initial the

- 1 treatment choices that best reflect your personal preferences.
- 2 Provide a copy of your directive to your physician, usual hospital,
- 3 and family or spokesperson. Consider a periodic review of this
- 4 document. By periodic review, you can best assure that the
- 5 directive reflects your preferences.
- In addition to this advance directive, Texas law provides for
- 7 two other types of directives that can be important during a serious
- 8 illness. These are the Medical Power of Attorney and the
- 9 Out-of-Hospital Do-Not-Resuscitate Order. You may wish to discuss
- 10 these with your physician, family, hospital representative, or
- 11 other advisers. You may also wish to complete a directive related
- 12 to the donation of organs and tissues.
- 13 DIRECTIVE
- I, _____, recognize that the best health care is based
- 15 upon a partnership of trust and communication with my physician. My
- 16 physician and I will make health care decisions together as long as
- 17 I am of sound mind and able to make my wishes known. If there comes
- 18 a time that I am unable to make medical decisions about myself
- 19 because of illness or injury, I direct that the following treatment
- 20 preferences be honored:
- If, in the judgment of my physician, I am suffering with a
- 22 terminal condition from which I am expected to die within six
- 23 months, even with available life-sustaining treatment provided in
- 24 accordance with prevailing standards of medical care:
- 25 _____ I request that all treatments other than those needed to
- keep me comfortable be discontinued or withheld and my
- 27 physician allow me to die as gently as possible; OR

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   _____ I request that I be kept alive in this terminal
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               condition using available life-sustaining treatment.
               (THIS SELECTION DOES NOT APPLY TO HOSPICE CARE.)
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   If, in the judgment of my physician, I am suffering with an
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   irreversible condition so that I cannot care for myself or make
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   decisions for myself and am expected to die without life-sustaining
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   treatment provided in accordance with prevailing standards of care:
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          ____ I request that all treatments other than those needed to
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               keep me comfortable be discontinued or withheld and my
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               physician allow me to die as gently as possible; OR
   ______ I request that I be kept alive in this irreversible
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               condition using available life-sustaining treatment.
12
               (THIS SELECTION DOES NOT APPLY TO HOSPICE CARE.)
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         Additional requests: (After discussion with your physician,
   you may wish to consider listing particular treatments in this
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   space that you do or do not want in specific circumstances, such as
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   artificial nutrition and fluids, intravenous antibiotics, etc. Be
   sure to state whether you do or do not want the particular
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   treatment.)
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         After signing this directive, if my representative or I elect
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   hospice care, I understand and agree that only those treatments
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needed to keep me comfortable would be provided and I would not be

If I do not have a Medical Power of Attorney, and I am unable

given available life-sustaining treatments.

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- to make my wishes known, I designate the following person(s) to make treatment decisions with my physician compatible with my personal 2 3 values: 4 5 (If a Medical Power of Attorney has been executed, then an 6 7 agent already has been named and you should not list additional 8 names in this document.) 9 If the above persons are not available, or if I have not 10 designated a spokesperson, I understand that a spokesperson will be chosen for me following standards specified in the laws of Texas. 11 12 If, in the judgment of my physician, my death is imminent within minutes to hours, even with the use of all available medical 13
- those needed to maintain my comfort. [I understand that under Texas 16 17 law this directive has no effect if I have been diagnosed as

treatment provided within the prevailing standard of care, I

acknowledge that all treatments may be withheld or removed except

- pregnant.] This directive will remain in effect until I revoke it. 18
- 19 No other person may do so.
- Signed_____ Date____ City, County, State of 20
- Residence _____ 21

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- Two competent adult witnesses must sign below, acknowledging 22
- the signature of the declarant. The witness designated as Witness 1 23
- may not be a person designated to make a treatment decision for the 24
- patient and may not be related to the patient by blood or marriage. 25
- 26 This witness may not be entitled to any part of the estate and may
- not have a claim against the estate of the patient. This witness 27

- 1 may not be the attending physician or an employee of the attending
- 2 physician. If this witness is an employee of a health care facility
- 3 in which the patient is being cared for, this witness may not be
- 4 involved in providing direct patient care to the patient. This
- 5 witness may not be an officer, director, partner, or business
- 6 office employee of a health care facility in which the patient is
- 7 being cared for or of any parent organization of the health care
- 8 facility.
- 9 Witness 1 _____ Witness 2 ____
- 10 Definitions:
- "Artificial nutrition and hydration" means the provision of
- 12 nutrients or fluids by a tube inserted in a vein, under the skin in
- 13 the subcutaneous tissues, or in the stomach (gastrointestinal
- 14 tract).
- "Irreversible condition" means a condition, injury, or
- 16 illness:
- 17 (1) that may be treated, but is never cured or
- 18 eliminated;
- 19 (2) that leaves a person unable to care for or make
- 20 decisions for the person's own self; and
- 21 (3) that, without life-sustaining treatment provided
- 22 in accordance with the prevailing standard of medical care, is
- 23 fatal.
- Explanation: Many serious illnesses such as cancer, failure
- 25 of major organs (kidney, heart, liver, or lung), and serious brain
- 26 disease such as Alzheimer's dementia may be considered irreversible
- 27 early on. There is no cure, but the patient may be kept alive for

- 1 prolonged periods of time if the patient receives life-sustaining
- 2 treatments. Late in the course of the same illness, the disease may
- 3 be considered terminal when, even with treatment, the patient is
- 4 expected to die. You may wish to consider which burdens of
- 5 treatment you would be willing to accept in an effort to achieve a
- 6 particular outcome. This is a very personal decision that you may
- 7 wish to discuss with your physician, family, or other important
- 8 persons in your life.
- 9 "Life-sustaining treatment" means treatment that, based on
- 10 reasonable medical judgment, sustains the life of a patient and
- 11 without which the patient will die. The term includes both
- 12 life-sustaining medications and artificial life support such as
- 13 mechanical breathing machines, kidney dialysis treatment, and
- 14 artificial hydration and nutrition. The term does not include the
- 15 administration of pain management medication, the performance of a
- 16 medical procedure necessary to provide comfort care, or any other
- 17 medical care provided to alleviate a patient's pain.
- "Terminal condition" means an incurable condition caused by
- 19 injury, disease, or illness that according to reasonable medical
- 20 judgment will produce death within six months, even with available
- 21 life-sustaining treatment provided in accordance with the
- 22 prevailing standard of medical care.
- 23 Explanation: Many serious illnesses may be considered
- 24 irreversible early in the course of the illness, but they may not be
- 25 considered terminal until the disease is fairly advanced. In
- 26 thinking about terminal illness and its treatment, you again may
- 27 wish to consider the relative benefits and burdens of treatment and

- 1 discuss your wishes with your physician, family, or other important
- 2 persons in your life.
- 3 SECTION 2. Sections 166.049 and 166.098, Health and Safety
- 4 Code, are repealed.
- 5 SECTION 3. This Act takes effect immediately if it receives
- 6 a vote of two-thirds of all the members elected to each house, as
- 7 provided by Section 39, Article III, Texas Constitution. If this
- 8 Act does not receive the vote necessary for immediate effect, this
- 9 Act takes effect September 1, 2015.